

Soins douloureux : Pic d'efficacité des antalgiques

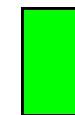
Meilleur moment pour exécuter un soin : quand l'agent antalgique déploie son plein effet (approximativement entre le pic plasmatique et la 1/2 vie). Tableau élaboré à partir des données pharmaceutiques disponibles.



on ne doit pas faire le soin



on peut commencer à faire le soin.
Début d'efficacité mais n'est pas à son maximum



on peut faire le soin
Maximum d'efficacité

| | Molécules | Spécialités | Voie d'administration | Prise ttt | 3mn | 10mn | 15mn | 30mn | 45mn | 1h | 15mn | 30mn | 45mn | 2h | 15mn | 30mn | 45mn | 3h | 4h | | | | | |
|---------------------------------------|---------------------|--|---------------------------------------|-----------|-------|--------|--------|--------|--------|--------------------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-----|-----|--|
| | | | | | | | | | | | | | | | | | | | | | | | | |
| Palier 1 | Paracétamol | Doliprane®, Dafalgan® 500mg | per os | Red | Red | Red | Red | Yellow | Yellow | Green | Green | Green | Green | Red | Red | Red | Red | Red | Red | Red | | | | |
| | | Paracetamol® 1g | IV lente 15 mn | Red | Red | Red | Yellow | Yellow | Green | Green | Green | Green | Green | Red | Red | Red | Red | Red | Red | Red | Red | | | |
| | Kétoprofène | Profénid® 100mg | per os | Red | Red | Red | Yellow | Yellow | Green | Green | Green | Green | Green | Red | Red | Red | Red | Red | Red | Red | Red | | | |
| | | Profénid® 100mg | IV | Red | Red | Red | Yellow | Green | Green | Green | Green | Green | Green | Red | Red | Red | Red | Red | Red | Red | Red | | | |
| Palier 2 | Codéïne | Dafalgan Codéiné® cp | per os | Red | Red | Red | Red | Yellow | Yellow | Green | Green | Green | Green | Red | Red | Red | Red | Red | Red | Red | | | | |
| | Tramadol | Topalgic® gel 50mg Contramal®100mg/ml | per os | Red | Red | Red | Red | Yellow | Yellow | Green | Green | Green | Green | Red | Red | Red | Red | Red | Red | Red | Red | | | |
| | | Topalgic® 100mg | IV | Red | Red | Red | Red | Yellow | Yellow | Green | Green | Green | Green | Red | Red | Red | Red | Red | Red | Red | Red | | | |
| | Nefopam | Acupan® 20mg/2ml IV | per os sur un sucre IV lente 15 mn | Red | Red | Red | Red | Yellow | Yellow | Green | Green | Green | Green | Red | Red | Red | Red | Red | Red | Red | Red | | | |
| Palier 3 | (sulfate) Morphine | Morphine 10mg/1ml | SC IV lente | Red | Red | Red | Yellow | Green | Green | Green | Green | Green | Green | Red | Red | Red | Red | Red | Red | Red | Red | | | |
| | | Actiskénan® 5-10-20-30mg | per os | Red | Red | Red | Red | Yellow | Yellow | Green | Green | Green | Green | Red | Red | Red | Red | Red | Red | Red | Red | Red | | |
| | (citrate) Fentanyl | Actiq® 200-400-600-800-1200-1600µg | transmuqueux | Red | Red | Red | Yellow | Yellow | Yellow | Green | Green | Green | Green | Green | Red | Red | Red | Red | Red | Red | Red | Red | | |
| | | Instanyl® 50-100-200µg | pulvérisation nasale | Red | Red | Red | Yellow | Green | Green | Green | Green | Green | Green | Green | Red | Red | Red | Red | Red | Red | Red | Red | | |
| Abstral® Cp 100-200-300-400-600-800µg | | sublingual | Red | Red | Red | Yellow | Yellow | Yellow | Green | Green | Green | Green | Green | Red | Red | Red | Red | Red | Red | Red | Red | Red | | |
| Effentora®100-200-400-600-800µg | | orovescent | Red | Red | Red | Yellow | Yellow | Yellow | Green | Green | Green | Green | Green | Red | Red | Red | Red | Red | Red | Red | Red | Red | | |
| topique | Lidocaïne | Emla® | cutanée peau saine | Red | Red | Red | Red | Red | Red | Green | Green | Green | Green | Green | Green | Green | Green | Green | Green | Green | Green | Red | | |
| | Prilocaine | | muqueuse génitale | Red | Red | Green | Green | Red | Red | Red | Red | Red | Red | Red | Red | Red | Red | Red | Red | Red | Red | Red | Red | |
| | | | ulcère jambe | Red | Red | Red | Green | Green | Red | Red | Red | Red | Red | Red | Red | Red | Red | Red | Red | Red | Red | Red | Red | |
| | MEOPA | Kalinox®, Antasol® | aérienne | Red | Green | Green | Green | Green | Green | Jusqu'à la fin de l'inhalation | | | | | | | | | | | | | | |